

Localidad	Gijón	Modalidad	Sprint
Fecha	1 de octubre de 2017	Distancias	750m. / 18000m. / 4800m.
Delegado Técnico:	Laura Fuello	Jurado de Competición:	Laura Fuello
Juez Árbitro:	Sergio Alcón		Emilio Nuñez
Responsable Oficiales:	Laura Fuello		Iván Marcos
			Firma Juez Árbitro

Temperatura del Agua: 19.5 °C	Inscritos: 166	Finalizados: 151	No Finalizados: 4
Temperatura Exterior: 17 °C		No Presentados: 7	Descalificados: 4

Datos de la Competición

Pos.	Cat.	Dorsal.	Categ.	Deportista	Club	Natación	Med.	P.	T1	Ciclismo	Med.	P.	T2	Carrera	Med.	P.	Meta	Ranking
1	1	11	CDF	MARIA ALZAGA CRIADO	SEGURO 1 DIA	00:12:15	01:38	8	00:42	00:40:32	29.59	91	00:34	00:20:19	04:03	74	01:14:25	
2	2	12	CDF	RAQUEL ALZAGA CRIADO	SEGURO 1 DIA									00:22:06	04:25	108	01:18:43	
3	3	8	CDF	ANDREA TRIGO ALBARRAN	A.D. NAUTICO DE NARON	00:13:36	01:48	29	00:49	00:43:27	27.61	108	00:31	00:21:32	04:18	102	01:19:57	750
4	4	7	CDF	LORENA ALVAREZ BERBEL	A.D. NAUTICO DE NARON	00:12:53	01:43	22	00:36	00:46:01	26.06	129	00:28	00:22:18	04:27	111	01:22:18	746
5	5	10	CDF	MARIA FERNANDEZ MARTINEZ	A.D. NAUTICO DE NARON	00:15:04	02:00	59	01:12	00:45:38	26.28	127	00:48	00:26:31	05:18	145	01:29:15	742

Pos.	Cat.	Dorsal.	Categ.	Deportista	Club	Natación	Med.	P.	T1	Ciclismo	Med.	P.	T2	Carrera	Med.	P.	Meta	Ranking
1	1	42	CDM	PABLO ORTEGA GUARDADO	TRIATLON LUGONES	00:11:42	01:33	3	00:39	00:36:09	33.18	10	00:28	00:17:27	03:29	20	01:06:27	738
2	2	52	CDM	MANUEL MENENDEZ VALLEDOR	TRIATLON LUGONES	00:12:28	01:39	13	00:49	00:36:24	32.95	12	00:31	00:18:08	03:37	33	01:08:22	734
3	3	101	CDM	MIGUEL MARTÍN ALONSO	SEGURO 1 DIA	00:12:29	01:39	14	01:00	00:37:57	31.60	53	00:33	00:18:44	03:44	45	01:10:45	
4	4	98	CDM	JUAN LASTRA VALDOR	TRIATLON LUGONES	00:14:06	01:52	38	00:59	00:39:44	30.18	80	00:29	00:19:11	03:50	52	01:14:30	730
5	5	51	CDM	KERMAN ALONSO VICENTE	CLUB ACADEMIA CIVIL-CNSO TRIATLÓN	00:14:41	01:57	48	01:04	00:38:56	30.81	70	00:39	00:19:11	03:50	53	01:14:33	
6	6	94	CDM	ALVARO NATAL GÓMEZ	TFC LLANERA	00:14:24	01:55	44	00:55	00:38:45	30.95	67	00:37	00:22:51	04:34	121	01:17:35	726
7	7	84	CDM	DANIEL ALONSO GARCIA	CLUB MULTIDEPORTES OVIEDO	00:15:27	02:03	65	01:02	00:41:13	29.10	95	00:46	00:23:27	04:41	129	01:21:57	722
DNS			CDM	KERMAN ALONSO VICENTE	CLUB ACADEMIA CIVIL-CNSO TRIATLÓN													

Pos.	Cat.	Dorsal.	Categ.	Deportista	Club	Natación	Med.	P.	T1	Ciclismo	Med.	P.	T2	Carrera	Med.	P.	Meta	Ranking
1	1	123	JNM	MARCOS RUIZ BRAGE	TRIATLON FERROL	00:10:55	01:27	1	01:00	00:35:42	33.60	5	00:24	00:16:32	03:18	11	01:04:34	
2	2	127	JNM	JOSE MARIA ROMERO LORIGADOS	A. D. TRIATLÓN AVILÉS	00:11:52	01:34	6	00:40	00:36:00	33.32	7	00:24	00:17:46	03:33	26	01:06:43	718
3	3	39	JNM	RUBÉN GARCÍA PÉREZ	TFC LLANERA	00:12:31	01:40	15	00:39	00:36:30	32.86	18	00:25	00:17:39	03:31	24	01:07:46	714
4	4	46	JNM	JORGE PRESA ARIAS	A. D. TRIATLÓN AVILÉS	00:12:27	01:39	12	00:38	00:36:37	32.76	21	00:25	00:19:48	03:57	68	01:09:57	710
5	5	152	JNM	PABLO LONGO BARETTINO	CENTRO ASTURIANO DE OVIEDO TRIATLÓN	00:12:57	01:43	23	00:58	00:37:20	32.13	41	00:28	00:18:49	03:45	47	01:10:34	706

Pos.	Cat.	Dorsal.	Categ.	Deportista	Club	Natación	Med.	P.	T1	Ciclismo	Med.	P.	T2	Carrera	Med.	P.	Meta	Ranking
1	1	3	S23F	PAULA HERRERO AGUIRRE	TRIATLON FERROL	00:12:24	01:39	10	00:40	00:40:21	29.73	88	00:24	00:18:12	03:38	35	01:12:03	702
2	2	2	S23F	LUCIA VERGARA SEVILLANO	CIDADE DE LUGO FLUVIAL	00:12:22	01:38	9	00:34	00:40:29	29.63	90	00:28	00:19:04	03:48	51	01:12:59	698
3	3	20	S23F	RAQUEL PEREZ PEREZ	A.D. NAUTICO DE NARON	00:12:26	01:39	11	00:42	00:42:39	28.13	103	00:30	00:20:52	04:10	87	01:17:10	694
4	4	21	S23F	MILENA GONZALEZ ALVAREZ	CLUB ACADEMIA CIVIL-CNSO TRIATLÓN	00:14:58	01:59	57	01:12	00:51:37	23.24	147	00:33	00:28:17	05:39	151	01:36:38	690

Pos.	Cat.	Dorsal.	Categ.	Deportista	Club	Natación	Med.	P.	T1	Ciclismo	Med.	P.	T2	Carrera	Med.	P.	Meta	Ranking
1	1	31	S23M	RUBEN TUSET GRANDE	TRIATLÓN SANTANDER	00:11:45	01:34	5	01:00	00:35:42	33.60	4	00:24	00:17:08	03:25	18	01:06:00	686
2	2	131	S23M	LUIS FERNÁNDEZ ZAPICO	CLUB ACADEMIA CIVIL-CNSO TRIATLÓN	00:12:53	01:43	21	00:37	00:36:06	33.23	8	00:24	00:17:29	03:29	21	01:07:31	682
3	3	141	S23M	MIGUEL ARBESÚ RAMOS	CENTRO ASTURIANO DE OVIEDO TRIATLÓN	00:15:18	02:02	64	00:57	00:37:16	32.19	39	00:23	00:18:36	03:43	43	01:12:32	678
4	4	57	S23M	VICTOR DEL COZ DE LA LAMA	TEAM SPORT SPIRIT	00:17:11	02:17	105	01:00	00:37:30	31.98	45	00:47	00:20:00	04:00	70	01:16:30	674
5	5	144	S23M	CHRISTOPHER GARCÍA SUÁREZ	CLUB MULTIDEPORTES OVIEDO	00:15:11	02:01	61	01:09	00:39:40	30.23	79	00:31	00:20:41	04:08	82	01:17:15	670
6	6	148	S23M	ADRIAN ALONSO LOPEZ	SEGURO 1 DIA	00:18:13	02:25	122	01:16	00:43:24	27.64	107	00:41	00:23:12	04:38	125	01:26:48	
DNS		134	S23M	PABLO PEDROSA PAZ	TRIATLON FERROL													

Pos.	Cat.	Dorsal.	Categ.	Deportista	Club	Natación	Med.	P.	T1	Ciclismo	Med.	P.	T2	Carrera	Med.	P.	Meta	Ranking
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# XXV Triatlón CNSO

## Resultados Oficiales

### CLASIFICACION POR CATEGORÍAS

1	1	15	V1F	VERONICA VALLE DEL RIO	SEGURO 1 DIA	00:15:12	02:01	63	01:24	00:46:33	25.77	136	00:25	00:20:27	04:05	77	01:24:03	
2	2	13	V1F	MONICA GANCEDO VALDES	TRICAN BAÑEZA	00:17:10	02:17	104	01:15	00:45:31	26.35	125	00:56	00:21:53	04:22	105	01:26:47	
3	3	1	V1F	INMACULADA GONZALEZ SANCHEZ	TEAM SPORT SPIRIT	00:19:31	02:36	138	01:07	00:46:16	25.93	133	00:44	00:22:49	04:33	119	01:30:30	666

Pos.	Cat.	Dorsal.	Categ.	Deportista	Club	Natación	Med.	P.	T1	Ciclismo	Med.	P.	T2	Carrera	Med.	P.	Meta	Ranking
1	1	73	V1M	JOSE BRAVO ROMERO	CLUB TRIATLON 401	00:12:43	01:41	19	00:38	00:36:17	33.07	11	00:27	00:17:58	03:35	29	01:08:06	
2	2	170	V1M	RUBEN BARRIO LORES	CLUB DE TRIATLÓN DIABILLOS DE RIVAS	00:13:24	01:47	28	00:40	00:37:06	32.33	35	00:26	00:16:47	03:21	14	01:08:25	
3	3	34	V1M	JOSE ALEJANDRO RODRIGUEZ GOMEZ	TRITLON GIJON	00:13:08	01:45	25	00:51	00:37:18	32.16	40	00:30	00:17:36	03:31	23	01:09:26	662
4	4	37	V1M	IVAN CASTAÑO PIÑERA	TRITLÓN SANTANDER	00:12:49	01:42	20	00:40	00:37:45	31.78	48	00:31	00:17:53	03:34	28	01:09:39	658
5	5	32	V1M	CARLOS GARCÍA DIAZ	TRITLON GIJON	00:13:38	01:49	30	00:41	00:38:09	31.45	58	00:37	00:16:52	03:22	15	01:09:58	654
6	6	67	V1M	CARLOS DAVID FERNÁNDEZ LÓPEZ	TRITLON GIJON	00:15:39	02:05	67	01:05	00:37:41	31.83	47	00:24	00:17:43	03:32	25	01:12:34	650
7	7	107	V1M	OSCAR JESÚS FERNÁNDEZ VEGA	CLUB ACADEMIA CIVIL-CNSO TRIATLÓN	00:14:13	01:53	42	00:48	00:38:49	30.90	68	00:38	00:18:06	03:37	32	01:12:37	646
8	8	80	V1M	RICARDO ZAMORANO PEREIRA	TRITLON GIJON	00:16:24	02:11	83	01:00	00:37:09	32.29	37	00:32	00:18:08	03:37	34	01:13:14	642
9	9	167	V1M	JOSE RAMÓN FERNANDEZ CRESPO	PILOÑA.DEPORTE	00:16:55	02:15	100	00:45	00:36:55	32.50	26	00:28	00:18:24	03:40	39	01:13:28	638
10	10	126	V1M	EDUARDO JOSÉ VELASCO FERNÁNDEZ	CD HORIZONTE GIJON	00:14:15	01:54	43	01:09	00:37:05	32.35	33	00:47	00:20:20	04:04	75	01:13:38	634
11	11	156	V1M	FRANCISCO BORJA ÁLVAREZ GARCÍA	TFC LLANERA	00:16:55	02:15	101	01:07	00:36:31	32.84	19	00:25	00:18:44	03:44	46	01:13:45	630
12	12	137	V1M	MIGUEL ANGEL PÉREZ GARCÍA	NUN GARRES	00:14:46	01:58	51	01:04	00:38:08	31.46	57	00:45	00:19:13	03:50	56	01:13:57	626
13	13	125	V1M	ANGEL JESÚS BOUZAS GARCÍA	CD HORIZONTE GIJON	00:16:33	02:12	91	00:47	00:37:16	32.19	38	00:29	00:18:59	03:47	49	01:14:06	622
14	14	89	V1M	RICARDO RICO FERNANDEZ	SEGURO 1 DIA	00:14:43	01:57	50	01:13	00:38:03	31.53	54	00:45	00:19:33	03:54	62	01:14:19	
15	15	138	V1M	VICENTE DAPENA CORES	SEGURO 1 DIA	00:14:35	01:56	46	01:07	00:38:18	31.32	61	00:48	00:19:35	03:55	64	01:14:25	
16	16	78	V1M	ALFREDO MONTEAGUDO JABALQUINTO	SEGURO 1 DIA	00:16:40	02:13	96	02:05	00:41:49	28.69	99	00:42	00:13:31	02:42	1	01:14:49	
17	17	160	V1M	DAVID ÁLVAREZ GUTIÉRREZ	CENTRO ASTURIANO DE OVIEDO TRIATLÓN	00:16:29	02:11	87	00:58	00:37:07	32.32	36	00:28	00:19:53	03:58	69	01:14:57	618
18	18	157	V1M	JESÚS RODIL PATRICIO	CLUB ATLETICO OCLE	00:16:33	02:12	90	00:51	00:37:01	32.41	29	00:35	00:20:23	04:04	76	01:15:25	614
19	19	41	V1M	RAUL LOPEZ MEDINA	TRITLON GIJON	00:14:09	01:53	39	00:50	00:39:30	30.37	77	00:32	00:20:34	04:06	80	01:15:38	610
20	20	129	V1M	ALBERTO GONZALEZ IGLESIAS	SEGURO 1 DIA	00:18:18	02:26	123	00:51	00:36:28	32.90	16	00:39	00:19:23	03:52	61	01:15:41	
21	21	164	V1M	RAFAEL CABAÑEROS ROBLES	CLUB TRIATLON OVIEDO	00:16:34	02:12	93	00:52	00:38:28	31.18	65	00:37	00:19:37	03:55	65	01:16:11	606
22	22	115	V1M	MARCOS CABAL DIEZ	TRITLON GIJON	00:16:01	02:08	73	01:12	00:37:22	32.10	42	00:54	00:21:19	04:15	98	01:16:50	602
23	23	74	V1M	ALEJANDRO MENDEZ FERNANDEZ	SKYPI TEAM	00:16:57	02:15	102	00:58	00:37:56	31.62	52	00:37	00:20:49	04:09	85	01:17:18	598
24	24	102	V1M	JOSE LUIS GÓMEZ CARMONA	INDEPENDIENTE	00:16:34	02:12	92	00:52	00:38:23	31.25	64	00:33	00:21:15	04:15	95	01:17:38	594
25	25	48	V1M	JOSE MANUEL GARCIA MENDOZA	EMC TRIATLON	00:17:37	02:20	110	01:08	00:37:03	32.38	31	00:43	00:21:33	04:18	103	01:18:06	590
26	26	63	V1M	CESAR RIESTRA CUESTA	TEAM SPORT SPIRIT	00:16:09	02:09	77	01:07	00:40:03	29.95	84	00:38	00:21:07	04:13	93	01:19:07	586
27	27	72	V1M	MIGUEL ESPESO INFANZON	CENTRO ASTURIANO DE OVIEDO TRIATLÓN	00:16:16	02:10	80	01:13	00:39:29	30.38	76	00:52	00:22:22	04:28	113	01:20:15	582
28	28	66	V1M	JOSE LUIS GONZALEZ MARTINEZ	SEGURO 1 DIA	00:15:41	02:05	69	01:08	00:37:49	31.72	50	00:45	00:27:03	05:24	147	01:22:28	
29	29	88	V1M	BENITO JOSÉ SOLER RANCAÑO	CLUB DEPORTIVO GIMNASIO ARENAS	00:18:01	02:24	121	00:51	00:42:54	27.97	105	00:35	00:21:22	04:16	100	01:23:45	578
30	30	165	V1M	JOSE MANUEL GUTIERREZ DIAZ	TRIATHLON FESTIVAL CLUB	00:17:49	02:22	116	00:53	00:41:42	28.77	98	00:35	00:23:07	04:37	124	01:24:08	574
31	31	64	V1M	RUBEN GARCIA VARA	CLUB ACADEMIA CIVIL-CNSO TRIATLÓN	00:19:20	02:34	136	01:03	00:42:06	28.49	100	00:38	00:21:01	04:12	91	01:24:09	570
32	32	132	V1M	RAUL CRISTOBAL GARCIA	INDEPENDIENTE	00:19:08	02:33	135	01:20	00:42:20	28.34	101	00:40	00:22:40	04:32	117	01:26:10	566
33	33	71	V1M	PABLO RIESGO RIONDA	SEGURO 1 DIA	00:16:55	02:15	99	01:14	00:44:50	26.75	120	00:44	00:23:29	04:41	130	01:27:15	
34	34	153	V1M	ANTONIO PÉREZ DE LAS HERAS	TRICAN BAÑEZA	00:16:03	02:08	75	01:00	00:46:38	25.72	138	00:42	00:23:37	04:43	133	01:28:02	
35	35	139	V1M	FRANCISCO ALONSO ÁLVAREZ	SEGURO 1 DIA	00:18:40	02:29	130	00:59	00:44:39	26.86	118	00:35	00:23:18	04:39	126	01:28:13	
36	36	85	V1M	PEDRO SÁNCHEZ CANOSA	INDEPENDIENTE	00:22:10	02:57	145	02:10	00:47:47	25.10	144	01:11	00:15:17	03:03	3	01:28:37	562
37	37	79	V1M	ANTONIO JESUS PANTOJA CAMACHO	INDEPENDIENTE	00:17:53	02:23	118	02:00	00:44:45	26.81	119	01:06	00:24:58	04:59	140	01:30:43	
38	38	93	V1M	DANIEL MISAS ACERO	SEGURO 1 DIA	00:21:08	02:49	144	01:00	00:46:17	25.92	134	01:02	00:27:29	05:29	150	01:36:58	
39	39	86	V1M	HÉCTOR CASTRO GONZALEZ	SEGURO 1 DIA	00:24:46	03:18	149	03:16	00:43:55	27.31	112	01:12	00:26:13	05:14	144	01:39:25	
DNS		77	V1M	ALEJANDRO ÁLVAREZ VALDÉS	NUN GARRES													558
DNS		171	V1M	TOMAS LUIS CASTAÑON DE LA FUENTE	INDEPENDIENTE													554
DSQ		109	V1M	PEDRO EDUARDO FERNÁNDEZ FERNÁNDEZ	SEGURO 1 DIA	00:22:34	03:00		02:01	00:32:19	37.12		02:18	00:25:25	05:05			

Pos.	Cat.	Dorsal.	Categ.	Deportista	Club	Natación	Med.	P.	T1	Ciclismo	Med.	P.	T2	Carrera	Med.	P.	Meta	Ranking
1	1	18	V2F	SUSANA COTO FERNÁNDEZ	INDEPENDIENTE	00:16:23	02:11	82	00:58	00:43:47	27.40	110	00:32	00:20:55	04:11	89	01:22:37	550

# XXV Triatlón CNSO

## Resultados Oficiales

### CLASIFICACION POR CATEGORÍAS

Pos.	Cat.	Dorsal.	Categ.	Deportista	Club	Natación	Med.	P.	T1	Ciclismo	Med.	P.	T2	Carrera	Med.	P.	Meta	Ranking
1	1	169	V2M	FERNANDO ALONSO CUEVA	TRIATLON GIJON	00:13:00	01:44	24	00:51	00:37:28	32.02	44	00:28	00:20:48	04:09	84	01:12:37	546
2	2	59	V2M	GREGORIO DIAZ GONZÁLEZ	CLUB TRIATLON OVIEDO	00:15:12	02:01	62	01:02	00:40:05	29.92	85	00:40	00:21:10	04:14	94	01:18:12	542
3	3	159	V2M	ROBERTO SANTOS RUESTRA VALLE	CASTRILLON TRIATLON	00:16:18	02:10	81	01:48	00:38:56	30.81	69	01:06	00:21:00	04:12	90	01:19:09	538
4	4	45	V2M	ALFREDO FERNANDEZ SAN MARTIN	CASTRILLON TRIATLON	00:16:02	02:08	74	00:59	00:39:52	30.09	82	00:45	00:21:29	04:17	101	01:19:09	534
5	5	62	V2M	LUIS ALBERTO GONZALEZ BERNARDO	CLUB ACADEMIA CIVIL-CNSO TRIATLÓN	00:16:06	02:08	76	01:22	00:39:32	30.35	78	00:41	00:23:31	04:42	131	01:21:13	530
6	6	70	V2M	JOSE MANUEL SUAREZ MURIAS	CENTRO ASTURIANO DE OVIEDO TRIATLÓN	00:17:47	02:22	115	01:07	00:40:22	29.72	89	00:26	00:21:59	04:23	107	01:21:43	526
7	7	111	V2M	JULIO BLANCO SALAZAR	A. D. TRIATLÓN AVILÉS	00:18:21	02:26	124	01:17	00:41:05	29.20	94	00:46	00:20:27	04:05	78	01:21:58	522
8	8	56	V2M	ENRIQUE J ARGUELLES GARCIA	CLUB ATLETICO OCLE	00:15:27	02:03	66	00:51	00:43:03	27.87	106	00:37	00:22:38	04:31	116	01:22:37	518
9	9	117	V2M	JAVIER TOMÁS VALDÉS GÓMEZ	INDEPENDIENTE	00:16:45	02:14	98	01:08	00:40:01	29.98	83	01:17	00:24:19	04:51	139	01:23:32	514
10	10	114	V2M	FRANCISCO JAVIER MENENDEZ SANDOVAL	SEGURO 1 DIA	00:17:42	02:21	113	01:31	00:41:25	28.96	97	00:52	00:22:08	04:25	109	01:23:40	
11	11	136	V2M	PEDRO ZARDAIN FERNANDEZ	SEGURO 1 DIA	00:18:27	02:27	125	02:04	00:42:27	28.26	102	00:55	00:22:27	04:29	115	01:26:22	
12	12	100	V2M	JUAN JOSE LASTRA GARCÍA-BARÓN	CIUDAD DE GIJON	00:16:33	02:12	89	01:40	00:44:05	27.21	115	01:09	00:23:33	04:42	132	01:27:03	510
13	13	103	V2M	MAXI MARIN ASENSIO	SEGURO 1 DIA	00:19:27	02:35	137	00:58	00:45:36	26.31	126	01:00	00:20:46	04:09	83	01:27:48	
14	14	69	V2M	JUAN DE DIOS ROMÁN MARTÍN	SEGURO 1 DIA	00:19:59	02:39	139	02:28	00:46:29	25.80	135	00:59	00:22:22	04:28	112	01:32:19	
15	15	68	V2M	JOSE BORDIU CIENFUEGOS	SEGURO 1 DIA	00:23:21	03:06	148	02:01	00:43:31	27.57	109	01:33	00:27:07	05:25	148	01:37:34	

Pos.	Cat.	Dorsal.	Categ.	Deportista	Club	Natación	Med.	P.	T1	Ciclismo	Med.	P.	T2	Carrera	Med.	P.	Meta	Ranking
1	1	166	V3M	JESUS AURELIO FERNANDEZ SANTOS	CLUB ATLETICO OCLE	00:20:11	02:41	140	01:00	00:46:10	25.99	131	01:00	00:25:36	05:07	142	01:33:58	506
2	2	58	V3M	FRANCISCO GALA PLA	A. D. TRIATLÓN AVILÉS	00:20:14	02:41	142	01:23	00:47:25	25.30	142	01:23	00:26:49	05:21	146	01:37:16	502